

MELATONIN

S L E E P A I D

- **Powerful antioxidant**
- **Supports immune function**
- **Prevents “jet lag”**
- **Gluten free, Kosher**
- **Contains no artificial colors or flavors, preservatives, wheat, gluten, peanuts, tree nuts, soy, egg, dairy, crustacean shellfish or fish.**
- **Available in 1, 3 and 5 mg**

Melatonin is a naturally occurring hormone produced by the pineal gland. It regulates our internal clock and circadian rhythms. Travelers who span time zones find it helpful in regulating sleep patterns.

As we age, melatonin levels decrease. Supplementing Melatonin has been shown to promote a more restful sleep.

Research continues to uncover other health benefits, such as from preventing DNA damage, depression, supporting cardiovascular health, and immune balance.

PRODUCT SPECIFICATIONS

- 1 mg - McGuff Item #008559
- 3mg - McGuff Item #005112
- 5 mg - McGuff Item # 008561
- Count Size: 60 tablets per amber glass or white HDPE bottle

WE GUARANTEE OUR SUPPLEMENTS FOR POTENCY AND PURITY

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Supplement Facts

Melatonin 1 mg Capsule

Other ingredients: Rice flour, gelatin, silica, magnesium stearate.

Supplement Facts

Melatonin 3 mg Capsule

Other Ingredients: Calcium carbonate, cellulose, stearic acid (vegetable source), silicon dioxide, magnesium stearate (vegetable source).

Supplement Facts

Melatonin 5 mg Capsule

Other ingredients: Microcrystalline cellulose, stearic acid, povidone, magnesium stearate, silica.



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